

| Stijl    | Eendjes 9J - 10J                          | Benamins 11J - 12J                          | Miniemen 13J - 14J                        | Kadetten 15J - 16J                           | Junioren 17J - 18J                       | Senioren 19J+                             |
|----------|---|---|---|--|--|---|
| 50m VS   | de Meulenaere Runar<br>0:32:77   11.03.17 | de Meulenaere Runar<br>0:29:19   19.10.19   | Claerhout Bas<br>0:27:09   12.03.22       | Vansimaey's Wout<br>0:25:39   20.11.21       | Vanhoucke Louka<br>0:24:48   22.02.20    | Hoorne Jochim<br>0:24:58   08.05.10       |
| 100m VS  | de Meulenaere Runar<br>1:12:41   25.05.17 | de Meulenaere Runar<br>1:02:65   20.07.19   | Claerhout Bas<br>0:56:71   23.07.22       | Vansimaey's Wout<br>0:54:64   17.10.21       | Vansimaey's Wout<br>0:53:18   23.01.22   | Hoorne Jochim<br>0:56:83   18.07.09       |
| 200m VS  |   | de Meulenaere Runar<br>2:16:62   17.11.19   | Claerhout Bas<br>2:01:83   22.07.22       | Vansimaey's Wout<br>1:58:79   16.10.21       | Vansimaey's Wout<br>1:56:27   22.02.22   | Hoorne Jochim<br>2:05:44   16.07.10       |
| 400m VS  | de Meulenaere Runar<br>5:27:25   22.10.17 | de Meulenaere Runar<br>4:46:46   19.07.19   | Claerhout Bas<br>4:18:75   23.07.22       | Vansimaey's Wout<br>4:16:38   17.10.21       | Vansimaey's Wout<br>4:10:78   25.02.2022 | Devos Jonas<br>4:25:19   26.07.19         |
| 800m VS  |   | de Meulenaere Runar<br>10:07:04   01.12.19  | Claerhout Bas<br>09:09:64   23.07.22      | Vansimaey's Wout<br>9:11:10   30.07.21       | Demeestere Emiel<br>09:00:37   23.06.18  | Devos Jonas<br>9:11:32   27.07.19         |
| 1500m VS |   | de Meulenaere Runar<br>19:00:67   01.12.19  | Claerhout Bas<br>17:06:28   23.07.22      | Vansimaey's Wout<br>17:12:56   30.07.21      | Devos Jonas<br>17:07:08   28.07.18       | Devos Jonas<br>17:11:39   27.07.19        |
| 50m RS   | de Meulenaere Runar<br>0:39:00   11.03.17 | de Meulenaere Runar<br>0:34:05   20.10.19   | Claerhout Bas<br>0:30:79   25.05.22       | Vansimaey's Wout<br>0:29:12   20.11.21       | Vansimaey's Wout<br>0:28:53   23.01.22   | Hoorne Jochim<br>0:29:67   13.03.10       |
| 100m RS  | de Meulenaere Runar<br>1:26:56   27.11.16 | de Meulenaere Runar<br>1:11:07   19.07.2019 | Claerhout Bas<br>1:07:30   25.06.22       | de Meulenaere Runar<br>1:07:09   31.07.22    | Vansimaey's Wout<br>1:01:35   23.04.23   | Hoorne Jochim<br>1:05:29   08.05.09       |
| 200m RS  |   | de Meulenaere Runar<br>2:33:02   20.10.19   | de Meulenaere Runar<br>2:31:28   17.10.21 | Devos Jonas<br>2:25:69   29.07.16            | Vanhoucke Louka<br>2:11:80   23.02.20    | Devos Jonas<br>2:19:05   26.07.19         |
| 50m SS   | Blomme Dawson<br>0:45:02   15.03.09       | Claerhout Wolf<br>0:39:76   16.10.21        | Claerhout Bas<br>0:33:91   25.05.22       | Declercq Lucas<br>0:34:86   16.10.21         | Demeestere Emiel<br>0:33:34   10.03.18   | Vanhaecke Pieter<br>0:37:95   18.03.07    |
| 100m SS  | de Meulenaere Runar<br>1:37:04   24.06.17 | Claerhout Bas<br>1:22:82   18.10.2020       | Claerhout Bas<br>1:13:72   27.05.22       | Demeestere Emiel<br>1:13:40   30.07.16       | Demeestere Emiel<br>1:11:82   25.02.17   | Vandekerckhove Kobe<br>1:32:08   28.09.19 |
| 200m SS  |   | Claerhout Bas<br>2:57:02   18.10.2020       | Claerhout Bas<br>2:43:49   25.06.22       | Declercq Lucas<br>2:46:69   16.10.21         | Debouck Emiel<br>2:53:75   18.10.14      |   |
| 50m VL   | Blomme Dawson<br>0:37:77   15.03.09       | Blomme Dawson<br>0:32:42   29.10.11         | Claerhout Bas<br>0:29:46   25.05.22       | Vansimaey's Wout<br>0:27:25   01.08.21       | Vansimaey's Wout<br>0:26:53   30.07.22   | Hoorne Jochim<br>0:27:32   13.03.10       |
| 100m VL  | Guillemy'n Lucas<br>1:38:30   04.05.13    | Blomme Dawson<br>1:13:38   05.02.11         | Claerhout Bas<br>1:05:55   27.05.22       | Demeestere Emiel<br>1:01:84   29.07.16       | Vansimaey's Wout<br>1:00:34   29.07.22   | Hoorne Jochim<br>1:02:56   16.07.10       |
| 200m VL  |   | de Meulenaere Runar<br>2:44:83   17.11.19   | Blomme Dawson<br>2:34:30   10.02.13       | Vandecandelaere Jérôme<br>2:26:98   24.11.18 | Vanhoucke Louka<br>2:10:39   22.02.20    | Vandekerckhove Kobe<br>3:10:72   25.06.22 |
| 200m WS  | de Meulenaere Runar<br>2:56:79   21.10.17 | de Meulenaere Runar<br>2:34:88   20.07.19   | Claerhout Bas<br>2:22:06   27.05.22       | Vansimaey's Wout<br>2:16:80   21.11.21       | Vanhoucke Louka<br>2:09:26   21.02.20    | Hoorne Jochim<br>2:23:46   18.07.09       |
| 400m WS  |   | de Meulenaere Runar<br>5:32:63   19.10.2019 | Claerhout Bas<br>5:03:67   22.07.22       | Vansimaey's Wout<br>5:05:35   17.10.20       | Vanhoucke Louka<br>4:41:94   23.02.20    | Hoorne Jochim<br>5:21:06   05.03.10       |